The Mardale Inn Bampton Valley Community Pub





## **STARTERS**

Homemade tomato and roasted red pepper Soup - served with Crusty Bread (V)	£7
Potato rosti with grilled black pudding and a fried egg	£8
Breaded mozzarella sticks with chilli jam (V)	£6
Grilled goats cheese, sun dried tomato and roasted red pepper salad (V)(GF)	£8

## MAINS

Roast Sirloin of Cumbrian beef with roast potatoes, veg, gravy and a yorkshire pudding	£10/18
Roast leg of cumbrian lamb with roast potatoes, veg and mint gravy (GF)	£10/18
Loweswater Gold battered cod with chips and mushy peas	£10/18
Red pepper and mushroom stroganoff with rice (V)(GF)	£15

## SWEETS

Lemon meringue roulade with vanilla ice cream (V)(GF)	£8
English Lakes Ice Cream (ask for today's flavours - price per scoop (V)(GF)	£1.5
Homemade Sticky Toffee Pudding served with Ice Cream (V)(GF)	£7

## Sides

Homemade chips/cheese(V)(GF) £3.5/£4.5 Fries/cheese/salt and pepper(V)(GF)£3/£4/£4 House salad(V)(GF)£3.5 Seasonal Vegetables(V)(GF)£3

GF - Gluten not an added ingredient, V - Vegetarian, N- Contains Nuts